

Life Cycle of a Person

Level H/I

This story introduces the life cycle of humans. We refer to the person as the male, "he", but this could also be referring to the female, "she."



by **Kathy Staugler**

Illustrated by **Travis Schaeffer**



The **life cycle** of a person begins as a baby and moves to old age. Each step of this cycle brings changes to the person. Each stage of this development has a name for that time of life. We will explore the life cycle of a person and the names for these steps in the life cycle.

Infant

Infant is another name for a baby. A baby lives inside of the mother for nine months before he is born. When a baby is born, he needs the mother to take care of him. The mother, or another caring person, must feed the baby. The baby will learn to cry when he is hungry. The baby cannot walk, so a big person must carry him. A baby is always learning. It is good to talk to the baby, even if the baby can't talk.



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Toddler

A **toddler** is a very young child.

He is learning to walk. When

he walks, he may move back

and forth and fall down. This is

called a *toddle walk*. A toddler is

learning to talk. The toddler may say words

when he wants a drink or a ball to play with.

The toddler still needs someone to help him

most of the time.



Child

A **child** is a young person.

A child can do many more things for himself. A child can feed himself. A child can walk and run. A child

has learned to talk so that he can tell others about what he wants. When a child is about six years old, he will go to school. This is a time to begin to learn to read and write.



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Teenager

A **teenager** is a person who is 13 to 19 years old. The word “teen” is in his age. A teenager is doing most things for himself. He can pick his own clothes and dress himself. A teenager is making many friends. A teenager is now getting ready to graduate from school.



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Young Adult

A **young adult** is thinking about what he wants to do with his life. Where does he

want to live? What

kind of job does he

want to do? Some

young adults are

also thinking about

getting married. All of these changes take

responsibility. The young adult must plan on

how he will make money and spend money.



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Adult

An **adult** is a grown up person. Being an adult means working every day at a job. Being an adult means buying groceries at the store. It means cooking meals. Some adults will have a family.

These adults must take care of the babies and young children.



Older Age

Everyone will get older. But many older people do not like to be called old. As a person gets older, the body sometimes feels more tired.

It is harder to do things without help. **Older age** people will retire from their jobs. Some older people are grandmothers and grandfathers.





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The life cycle takes us through many changes. Our body will grow in each step of the life cycle. We have different responsibilities at each step of the life cycle. But the life cycle is a normal part of life. We all must go through the cycle of life.

yes



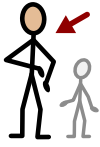
Life Cycle of a Person

no



begin 	born 	care 	old 	life cycle 	person 	age
walk 	talk 	learn 	young 	infant 	mother 	toddler
read 	write 	graduate 	tired 	child 	school 	teenager
live 	marry 	grow up 		friend 	adult 	job
work 	feel 	retire 		responsibility 	family 	children

Glossary



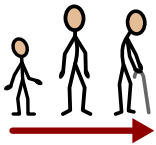
adult - a grown up person; mature



child - a young person who can do many things for himself



infant - a baby who needs his mother to take care of him



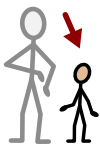
life cycle - begins as a baby and moves to old age



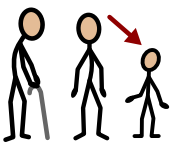
older age - the last part of the life cycle; grandmothers and grandfathers



teenager - 13 - 19 years old; does most things for himself



toddler - a very young child just learning to walk and talk



young adult - a person in the early years of adulthood